



*Healthy Relationships Initiative Presents the 5th Annual Singles' Retreat
Peachtree City, GA * August 21 -24, 2008*

"Believers, Friends of One Another: Cultivating the Environment for Successful Nation-Building"

AGENDA

Thursday – August 21, 2008

9:00 – 12:30	Strategic Planning Conference
12:30 – 1:45	Break
1:45 -6:00	Conference continued.....
6:00-7:30 pm	Dinner/Check-In
8:00 pm	Continuation (if needed) of conference
10:00 pm	Quiet time

Friday – August 22, 2008

5:00-6 am	Prayer/Meditation
6:30-8:30	Yoga and Personal Fitness
8:00-8:45	Coffee/tea
9:00 – 12:00	Strategic Planning Conference (cont)
12:00 – 1:30	Prayer/Break
1:30 – 3:00	Check-in
3:00 pm	Retreat Welcome & Ice Breaker
3:30 – 5:30	Dialogue & Break Out: "Believers: Friends of One Another"
5:30 – 6:00	Break
6:00-7:00 pm	Dinner
7:00 pm	Get to know you activity (Tick-tock Greeting)
10:00 pm	Quiet time

Saturday - August 23, 2008

5:00-6:00	Prayer/Meditation
6:30-8:30	Yoga and Personal Fitness
8:00-8:45	Coffee/tea
9:00	Introduction of the Day
9:15 – 11:15	Communication: (Interactive) Conflict Management Tools & Removing Internal Conflict
11:15 – 11:25	Break
11:25 – 1:25	Workshop <ul style="list-style-type: none">▪ Successfully Blending Lives (merging families/children from previous relationships, in-laws, finances, etc)▪ Long distance relationships

1:25 – 2:25	Break (on your own)
2:25 – 4:00	Team Building (all) followed by Men Only/Women Only Break Outs
4:00 – 4:30	Break
4:30-6	Activity/on your own
6:00 – 7:00	Dinner
7:00 – 8:00	Free Time
8:00	Skit followed by discussion (“Courtship 101”)
10:00	Quiet Time

Sunday - August 24, 2008

5:00-6 am	Prayer/meditation
6:30-8:30	Yoga and Personal Fitness
8:00-8:45	Breakfast, Coffee/tea
9:00	Opening
9:05 – 10:05	Open Forum (Whatever is on your mind), report on summit and gifts
11:00	Closing/Social time
11:00	Hotel Check out
12:00	Bus pick-up
